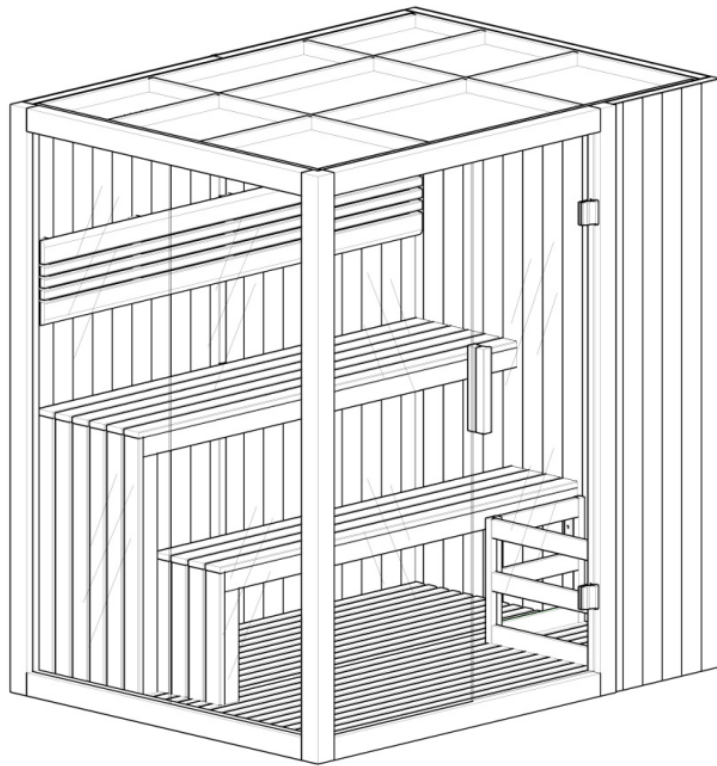
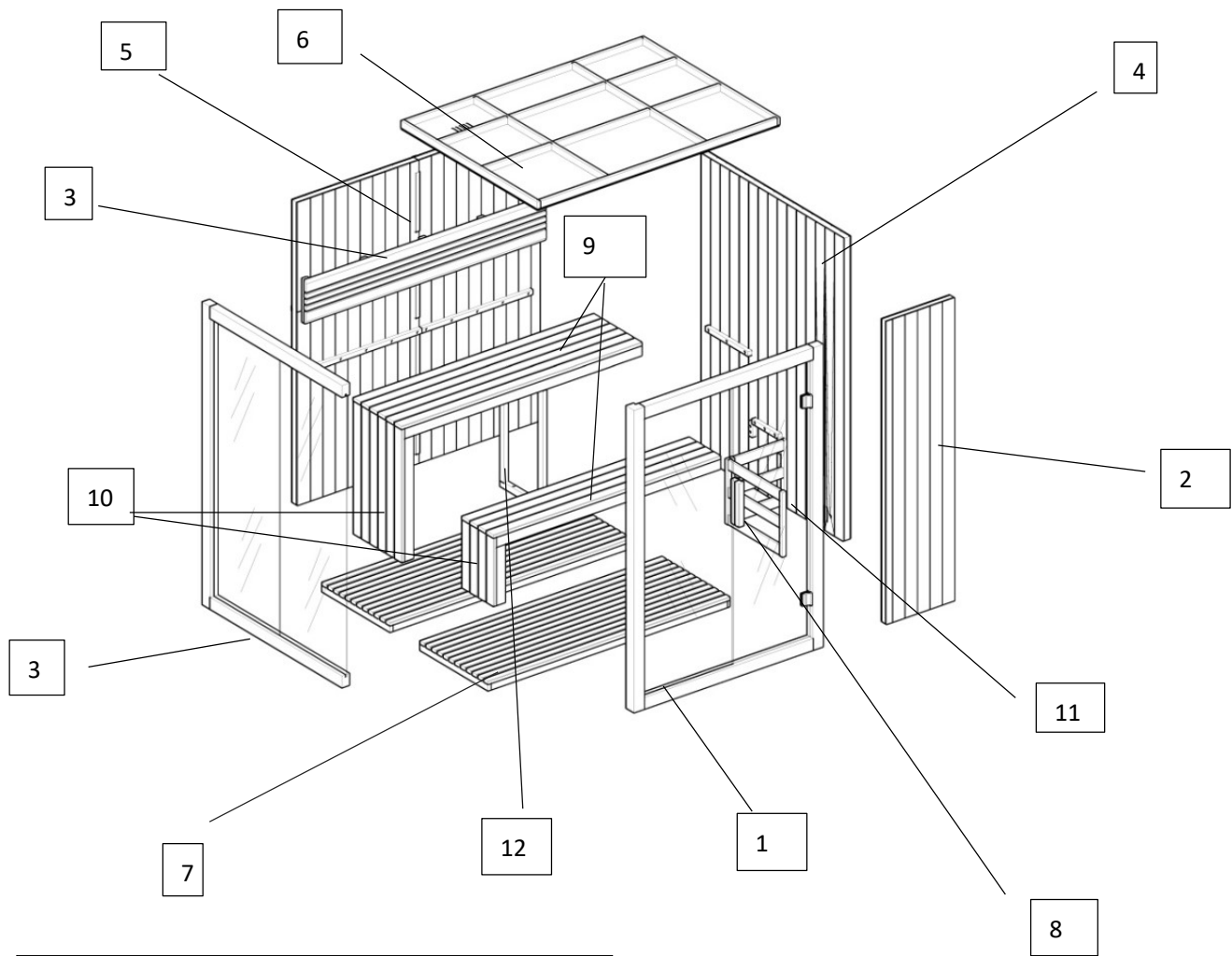


ALEKO®

Indoor Sauna Installation Manual





- 1. Front panel(left)--1pc
- 2. Front panel(right)--1pc
- 3. Left Side Panel--1pc
- 4. Right Side Panel--1pc
- 5. Back Panel--2pcs
- 6. Roof panel--1 pc
- 7. Floor panel--2pc
- 8. Door handle--1 set
- 9. Bench--2 pcs
- 10. Bench Support--2pcs
- 11. Heater fence--1 pc
- 12. Top Bench support frame--1pc
- 13. Backrest-- 1pc

Assembly Instructions

Assembly of the sauna requires at least 2 adults to complete. Please read the instructions thoroughly before and during assembly to ensure proper installation of the sauna.

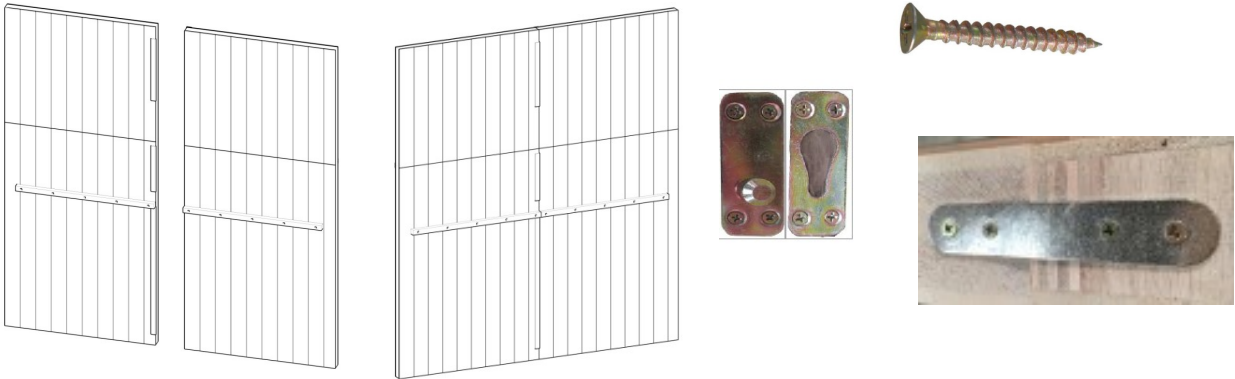
<1> LOCATION OF SAUNA

When you find a good location for your sauna, please notice the following.

1. The main power cord on the sauna must be easily accessible.
2. The location must be dry and leveled.
3. Please take out the backrest if it is behind the bottom panel.

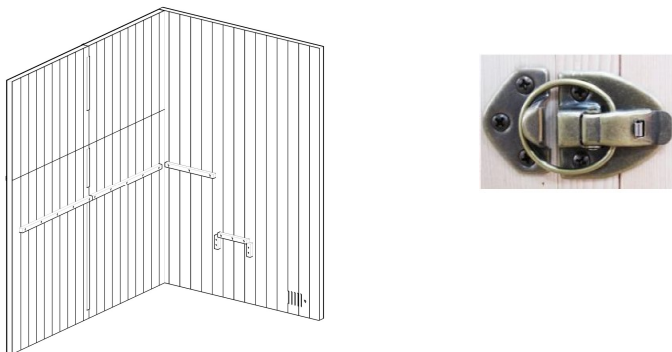
<2> PLACING THE BACK PANEL

1. Connect 2 pcs of back panels with inside buckles. Please make sure that the inside buckles are properly secured in place.
2. Use the metal part to fix them tightly by screws 3*30mm.



<3> CONNECTING BACK PANEL TO RIGHT SIDE PANEL

Install the right side panels to the back panels by lining up buckles and fastening them securely in place.



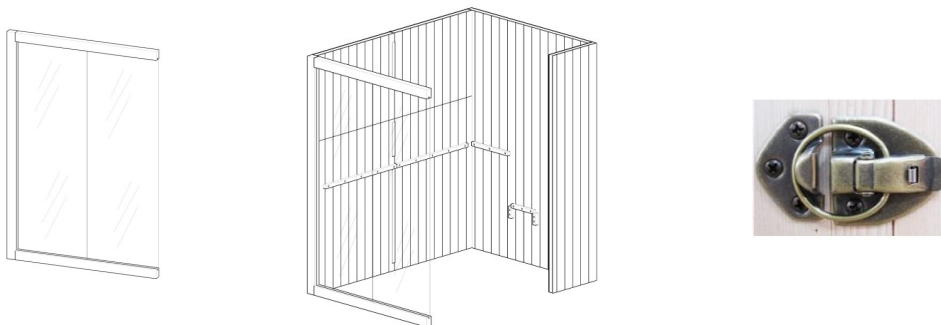
<4> CONNECTING RIGHT SIDE FRONT PANEL TO RIGHT SIDE PANEL

1. Connect these two panels with inside buckles. Please make sure that the inside buckles are properly secured in place.
2. Use the metal part to fix them tightly by screws 3*30mm.



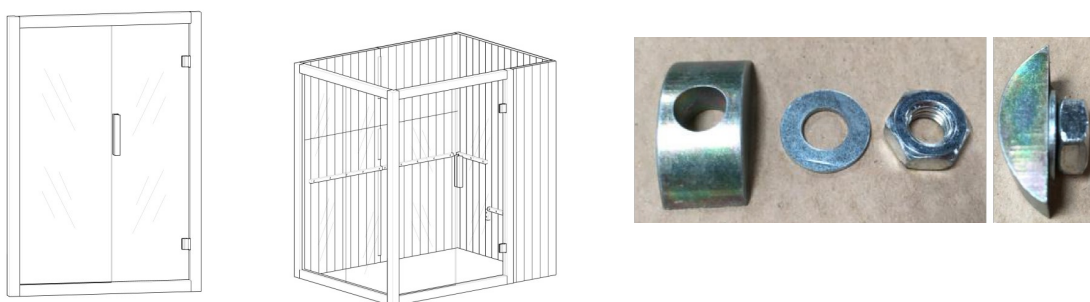
<5> CONNECTING LEFT SIDE PANEL TO BACK PANEL

Connect the left side panels to the back panels by lining up buckles and fastening them securely in place.



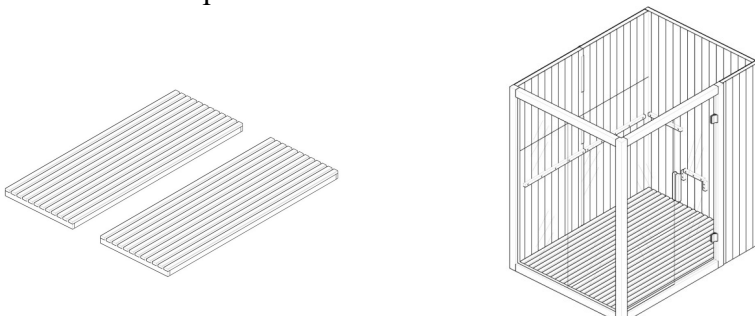
<6> CONNECTING LEFT SIDE PANEL TO FRONT PANEL

1. Fix the left side panel to the front panel with the provided screws. Two threaded rods in the hole of bottom beam and top beam. You need to use the spanner to screw them. The screws must in order, as attached image. **EXTREM CAUTION NEEDED TO PROTECT THE GLASS.**



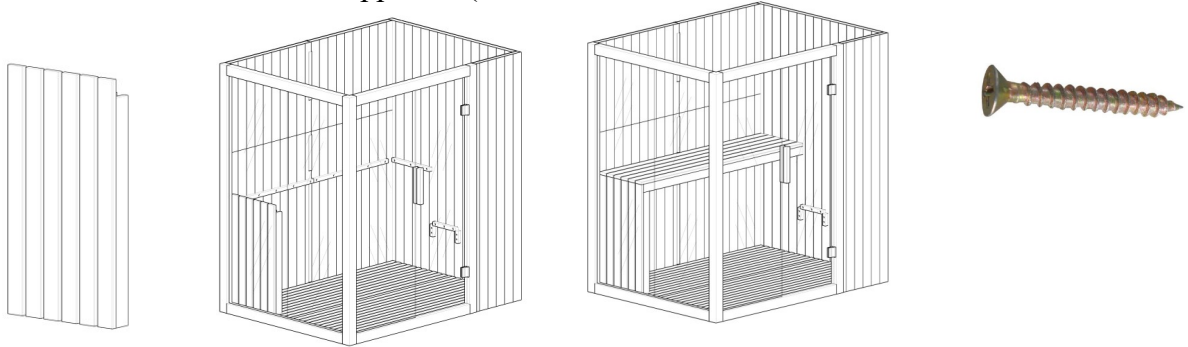
<7> INSTALLING THE FLOOR PANEL

Place the bottom panels on the floor inside the sauna room. Two bottom panels are the same.



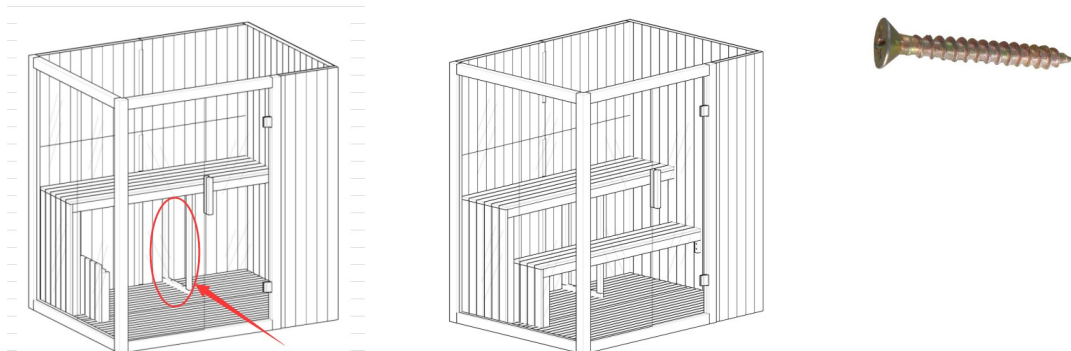
<8> INSTALLING THE TOP BENCH SUPPORT AND TOP BENCH

1. Place the bench on the bench supporter and wooden beam of right side panel. Please make sure that the bench is stable.
2. Use screws to fix the supporter on the bottom panel. Under the left side of bench, it need the screws to fix the bench to the supporter. (Screws 4*40mm)



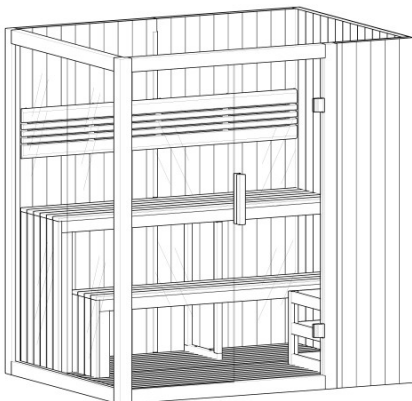
<9> INSTALLING THE BOTTOM BENCH SUPPORT AND BOTTOM BENCH

Pls install the support frame firstly before installing the bottom bench.(Screws 4*40mm)



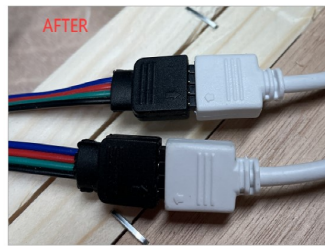
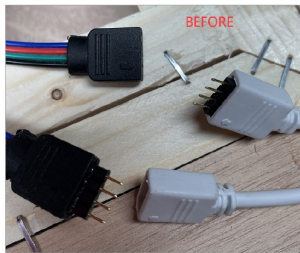
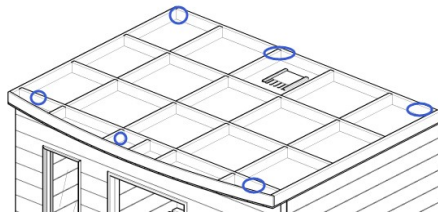
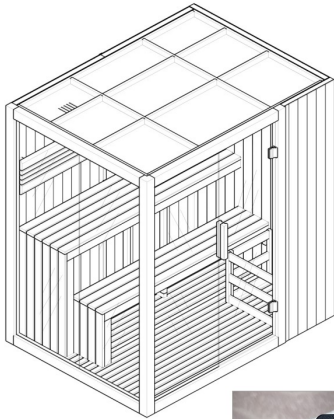
<10> INSTALLING THE BACKREST

1. Please connect two LED color light wires before the installation. **Please pay more attention to the arrows. The arrow toward the arrow.**
2. Screws the backrest to back panel with provided screws 4*40mm



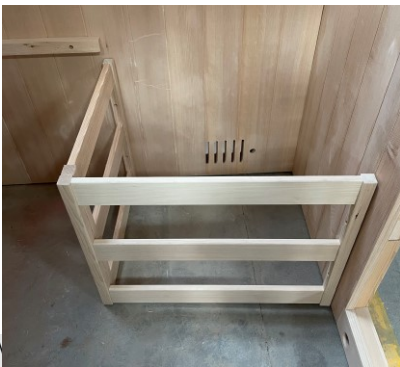
<11> INSTALL THE ROOF PANEL

1. Lower the top panel onto the assembled panels. Gently place the top panel onto the rest of the assembled panels. When all corners are in place, gently push down the top panel until it is snugly fit over the rest of panels.
2. Connect the two wires on the roof with the wires of the light strips. Pls pay attention to arrow toward the arrow on the plugs.
3. Fix the roof panels by 6 screws (3*30 mm) to make sure it is stable enough.



<12> INSTALL THE FENCE

Install the fence with provided screws 6*40mm



<13> INSTALL THE DOOR

Install the door with provided screws 6*45mm



The logo for ALEKO, featuring the word "ALEKO" in white, bold, uppercase letters centered within a solid red square.

Please Read the Following Precautions:

1. Sauna use is not recommended for those that have high blood pressure or heart disease.
2. Sauna use is not recommended for those experiencing a cold.
3. Be alert and aware when using this sauna. Sleeping in the sauna room due to overtiredness is a safety hazard.
4. Sauna use is not recommended on an empty stomach.
5. It is recommended to wait at least 30 minutes after eating to use the sauna.
6. Sauna use is not recommended when intoxicated.
7. Avoid wearing jewelry in the sauna. Stay clear from stones, gems, necklaces, watches, etc.
8. For best results, sauna use is most effective when enjoyed without cosmetics or other pore-blocking agents.
9. Sauna use should be enjoyed in short intervals. Avoid long sauna sessions for safety reasons.
10. Avoid coming into direct contact with cold air after sauna use.
11. Hydration is highly recommended with sauna use.
12. Do not get up too quickly after a sauna session. Get up slowly and restfully.
13. If you experience shortness of breath, dizziness, and other symptoms - immediately stop the sauna, lie down in a better circulated place, and hydrate. If symptoms persist, consult a professional.

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